How to use your nebulizer

1. Wash your hands

2. Put nebulizer machine on flat, steady surface
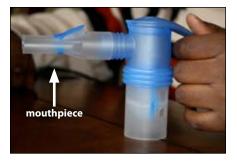

3. Plug into outlet

4. Connect one end of tubing to the nebulizer

medication holder

5. Add medication

mouthpiece

6. Attach mouthpiece to the medication holder

7. Connect the other end of the tubing to the medication holder

8. Turn on the nebulizer machine

WRONG! Do NOT hold mouthpiece in front of face

9. Put lips around mouthpiece. Take **slow, deep** breaths through your **MOUTH**

10. When finished, wash parts in soapy water and rinse

11. Allow parts to air dry