

## Mental Health Resources and References for Children and Adolescents

Topic	Name of Resource	Type of Resource	Intended Audience
ADHD	Taking Charge of ADHD by Russell Barkley	Book	Parents
ADHD	Children and Adults with ADHD ( <a href="http://www.chadd.org">www.chadd.org</a> ) <ul style="list-style-type: none"> <li>- has helpful handouts for parents about various ADHD-related topics (<a href="http://www.help4adhd.org/en/about/wwk">http://www.help4adhd.org/en/about/wwk</a>)</li> <li>- offers parent and child support groups</li> </ul>	Website	Parents, Teachers, Clinicians
ADHD	Dr. Larry Silver's Advice to Parents on ADHD by Larry Silver	Book	Parents
Special Education Process	National Dissemination Center for Children with Disabilities ( <a href="http://nichcy.org/">http://nichcy.org/</a> ) <ul style="list-style-type: none"> <li>- Has information on the special education process, types of accommodations/supports, information on laws, how to work with schools</li> </ul>	Website	Parents
Special Education Process	10 Basic Steps in the Special Education Process- by NICHCY	Handout	Parents
Special Education Process	Requesting an Initial Evaluation (with sample letter)- by NICHCY	Handout	Parents
School Accommodations	Children's Mental Health Disorder Fact Sheet for the Classroom (with accommodations)	Handout	Parents, Educators
Bipolar Disorder	The Bipolar Disorder Survival Guide: What You and Your Family Need to Know by Dr. David Miklowitz	Book	Parents
Bipolar Disorder	My Bipolar, Roller Coaster Feelings Workbook by Bryna Hebert	Book	Children
Anger Control/ODD/Bipolar	What to Do When Your Temper Flares by Dawn Huebner	Book	Children
Homework	Homework a Guide for Parents	Handout	Parents, Educators
Prescription Drug Assistance	Patient Prescription Drug Assistance Programs and Links to Coupons	Handout	Clinicians, Parents
Various Mental Health and Developmental Topics	American Academy of Child and Adolescent Psychiatry (AACAP) Facts for Families Sheets <a href="http://www.aacap.org/cs/root/facts_for_families/facts_for_families">http://www.aacap.org/cs/root/facts_for_families/facts_for_families</a> Brief handouts for families on a variety of mental health, behavioral and developmental issues in multiple languages	Website Handouts	Parents

Anxiety	Helping Your Anxious Child: A Step-by-Step Guide for Parents by Ronald Rapee	Book	Parents
Anxiety	Freeing Your Child from Anxiety: Powerful, Practical Solutions to Overcome Your Child's Fears, Worries, and Phobias by Tamar E. Chansky	Book	Parents
Anxiety	I Can Relax! By Donna Pincus <a href="http://www.childanxiety.net">www.childanxiety.net</a>	CD	Children
School	Back to School Transition – Tips for Parents	Handout	Parents
Depression	Treating Depressed Children by Charma Dudley	Book	Children Parents
Depression	Think Good, Feel Good by Paul Stallard	Workbook	Parents Children
Depression	National Suicide Hotline 1-800-SUICIDE (784-2433) National Suicide Prevention Hotline 1-800-273-TALK (8255)	Hotlines	Parents Children
Gay, Lesbian, Bisexual, Transgender, and Questioning	The Trevor Project 1-866-4-U-TREVOR <a href="http://www.TheTrevorProject.org">www.TheTrevorProject.org</a>	Hotline and website	Parents Children

## Local Providers/Treatment Center

Provider	Location	Phone	Website/email	Services
<b>Centers</b>				
Gulf Coast Mental Health	1600 Broad Ave., Gulfport, MS 39501  Locations in Biloxi Hancock County, Pearl River	(228) 863-1132.	<a href="http://www.gcmhc.com/index.html">http://www.gcmhc.com/index.html</a>	Outpatient, medication management, case management
Memorial Behavioral Health	Multiple Locations: Gulfport, Hattiesburg, Jackson	228-831-1700 or 1-800-831-1700	<a href="http://www.gulfportmemorial.com/body.cfm?id=87">http://www.gulfportmemorial.com/body.cfm?id=87</a>	Inpatient, partial program, outpatient therapy and psychological testing
Region 8	Rankin County 613 Marquette Road Brandon, MS 39043	601.825.8800	<a href="http://www.region8mhs.org/">http://www.region8mhs.org/</a>	Day programs, outpatient, medication management, psychological testing, preschool day treatment, etc
TCLC Mississippi Behavior Clinic	357 Towne Center Blvd., Suite 400 Ridgeland, MS 39157	(601) 899-5900	N/A	Severe developmental disabilities and Autism
The Counseling Center	228 Rue Petit Bois # 1 Biloxi, MS 39531	(228) 388-7998	N/A	Neuropsych testing, child individual and family therapy
Mississippi Speech/ Language Clinic (Hattiesburg Clinic)	2 Southern Pointe Pkwy #200 Hattiesburg, MS 39401	(601) 261-5159	n/A	Speech and language assessment, tx
University of Mississippi Medical Center (Baston Children's Hospital)	Jackson, MS	(888) 815-2005 (appt line)	<a href="http://www.umhc.com/oth/Page.asp?PageID=OTH002838">http://www.umhc.com/oth/Page.asp?PageID=OTH002838</a>	Has specialty clinics for Communicative Disorders, Behavior and Assessment and Inpatient Care
University of Southern Mississippi	Hattiesburg, MS	Psych Clinic 601.266.4177  Ch Dev Clinic 601.266.5294	<a href="http://www.usm.edu/community/health-wellness">http://www.usm.edu/community/health-wellness</a>	Has Center for Child Development, Family Therapy Clinic, Psychology Clinic and Speech and Language Clinic

		Family Ther 601.266.4679		
<b>Private Practice</b>				
Simone and Associates	450 E. PASS RD, SUITE 3 GULFPORT, MS 39507	(228) 604-0099	<a href="http://www.simoneandassociates.com">www.simoneandassociates.com</a>	Child, adol therapy, adults, testing
Grad Flick, Ph.D.	983 Howard Ave Biloxi, MS 39530	(228) 285-1721	N/A	Children and Adolescents, ADHD, Psychological Testing
David Duggar, MD (Developmental Behavioral Specialist)	<a href="#">Dugger Childrens Clinic</a> 1800 Government Street Ocean Springs, MS 39564  241 De La Pointe Dr. Gautier, MS 39553	(228) 818-2450  (228) 497-5434	N/A	Developmental Behavioral Pediatician
William Osborn, Ph.D.	4824 Old Highway 11 Purvis, MS 39475		<a href="mailto:wpoelo@comcast.net">wpoelo@comcast.net</a>	
Paul Cotton, Ph.D.	402 E. Ivy Street Ellisville, MS 39437		<a href="mailto:rcotten@netdoor.com">rcotten@netdoor.com</a>	
William Howard, Ph.D.	18779 Robins Cv Saucier, MS 39574		<a href="mailto:enghow@aol.com">enghow@aol.com</a>	
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