

ASTHMA CALENDAR SAMPLE

Wednesday, August 28, 2013 2:19 PM



- Mom is off on Sundays
- Goes to Dad's house on Saturdays
- Soccer games are held on Wednesdays, sometimes parents smoke while at the practices
- Mom is in a rush to leave for work in the mornings, but makes sure kids get medicine at night when she is at home
- Mom ran out of medicine at the end of the month

<http://www.foreverinmomgenes.com/2013/02/a-spoonful-of-m-helps-medicine-go-down.html>

Training hair dressers for cognitive behavioral therapy

September 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning <input checked="" type="checkbox"/> 1 puff Flovent (110 mcg) Night <input checked="" type="checkbox"/> 1 puff Flovent (110 mcg) Symptoms: was a little wheezy today	Morning <input checked="" type="checkbox"/> 1 puff Flovent (110 mcg) Night <input checked="" type="checkbox"/> 1 puff Flovent (110 mcg) Symptoms:	Morning <input type="checkbox"/> 1 puff Flovent (110 mcg) Night <input checked="" type="checkbox"/> 1 puff Flovent (110 mcg) Symptoms:	Morning <input type="checkbox"/> 1 puff Flovent (110 mcg) Night <input checked="" type="checkbox"/> 1 puff Flovent (110 mcg) Symptoms: had a coughing fit	Morning <input checked="" type="checkbox"/> 1 puff Flovent (110 mcg) Night <input checked="" type="checkbox"/> 1 puff Flovent (110 mcg) Symptoms:	Morning <input type="checkbox"/> 1 puff Flovent (110 mcg) Night <input checked="" type="checkbox"/> 1 puff Flovent (110 mcg) Symptoms:	Morning <input type="checkbox"/> 1 puff Flovent (110 mcg) Night <input type="checkbox"/> 1 puff Flovent (110 mcg) Symptoms:
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Ideas to link calendar to PACCI:

- Question #6: How often do you **forget** to give your child's **daily** asthma medicine when he/she feels fine?
 - o Coding system for the colors:
 - 2 checks = 2 = green
 - 1 check = 1 = yellow
 - 0 checks = 0 = red
 - o Use a system of averages to figure out how often the meds are missed
 - Ex:
 - o Week #1 = 9/14
 - o Week #2 = 9/14
 - o Week #3 = 8/14
 - o Week #4 = 10/14
 - o Week #5 = not a whole week
 - o Average is a 9 out of 14
 - PACCI-related scale
 - o Red (Severe Persistent/Very Poorly Controlled) = 0-5
 - o Orange (Moderate Persistent/Uncontrolled) = 6-9
 - o Yellow (Mild Persistent/Partly Controlled) = 10-12
 - o Green (Intermittent/Well-Controlled) = 13-14

- For question #7 (symptoms), question #8 (rescue inhaler), question #9 (asthma attack)
 - o These can all be check boxes for questions in every date instead of a text box so could collect data on the frequency --> connect the calendar to the PACCI results