

Controller Medicines

Take the medicine circled below **every day** even when feeling well.

Take _____ puffs _____ times a day **every day**.

Take _____ pill(s) **every day**.

Flovent

44



110



220



Pulmicort

.25



.50



Singular

4



5



10



Other Medication

Using a spacer is the best way to get medicine into the lungs and avoid side effects.
Please use the spacer circled below with your inhaler.



Rescue Medicine

Take this only for a cold, wheezing or coughing. Take this medicine every four to six hours. Stop the medicine when the symptoms have been gone for a full day. Call or come in if this medicine is needed more than every 4 hours. Call or come in for trouble breathing.

Pro-Air



Proventil



Ventolin



Albuterol Vials



Xopenex



Using a spacer is the best way to get medicine into the lungs and avoid side effects. Please use the spacer, nebulizer face mask or mouthpiece circled below.

