## **Solutions to Your Problem of Expired Prescriptions**

You might consider some of the following ways to work on the problem you identified of not having your child's medicine because the prescription expired.

## Schedule reminder to refill

It is easy to forget to pick up the refill of your child's prescription. Perhaps you can schedule a reminder to do that when you pick up the medicine each time. If you know you will need a refill every month, for instance, you can set a monthly reminder on your phone to remind you.

## Doctor to write later date on prescription

Ask your doctor to write a later expiration date on the prescription so it does not expire so fast.

## Give more refills on prescription

Ask your doctor to write more allowed refills on your child's prescription so you don't need to go back to the doctor for refills every time.