

## **Solutions to Your Problem of Forgetting To Pick Up Your Prescription Refill**

You might consider some of the following ways to work on the problem you identified of forgetting to pick up the prescription refill for your child's medicine.

### **Schedule reminder for next refill when you pick up prescription**

It is easy to forget to pick up the refill of your child's prescription. Perhaps you can schedule a reminder to do that when you pick up the medicine each time. If you know you will need a refill every month, for instance, you can set a monthly reminder on your phone to remind you.

### **Schedule reminder to pick up prescription when you refill**

If you find that you remember to call the pharmacy for the refill but forget to pick it up, set a reminder on your phone to pick it up.

### **Use pharmacy that provides reminders**

Some pharmacies have a system that will remind you with a call about your refill. See if you can find a pharmacy that provides those reminders.