

Solutions to Problem of Your Child Having Trouble Swallowing the Medicine

You might consider some of the following ways to work on the problem you identified of your child having trouble swallowing the medicine.

Change medicine to easier form

Ask your doctor about trying a different form of the medicine, like a liquid.

Put medicine in food child likes

Try putting the medicine in some food your child particularly likes to make it easier to swallow.

Show child how to put in mouth and swallow with drink

Try showing your child how to put the medicine in his/her mouth and swallow with a drink.

Swallow training

See the handout your doctor gave you and work with your child on learning the techniques.