

## **Solutions to Problem of Your Child Disliking the Medicine**

You might consider some of the following ways to work on the problem you identified of your child disliking the medicine.

### **Help your child understand why the medicine is important**

It is good to explain to your child how important it is to take the medicine to control asthma for now and for the future. You could remind him/her of times when asthma was worse due to not taking medicine.

### **Improve technique for inhaler**

Remember to read the handout your doctor gave you or access it in your careportal. Practice with your child using the new technique.

### **Change medicine**

Ask your doctor about trying a different medicine.

### **Use incentives**

Perhaps your child will be more motivated to take the medicine if s/he gets some type of reward for doing it. Remember to choose something s/he likes that is also good for him/her, like going to a special place after a full week of taking the medicine.