

# ASQ Helpful Learning Activities for Infants 4-8 Months Old

## Focus on: *Social-Emotional Development*

**Communication at this age means taking turns-** Try talking with a high or low voice, clicking your tongue, making raspberries, or whispering. Wait at least a minute to see if your baby will respond or copy you. Face your baby and use a lot of facial expression to get his/her attention. This might include a big smile, sticking out your tongue, raising your eyebrows, etc. You can copy what your baby does. S/he may copy your expressions too!

**Disappearances are becoming interesting!** Play Peekaboo covering your face with your hands, a cloth, or a diaper. Act excited when you “reappear”. Then give your baby a turn hiding. Peek a boo also makes times you have to leave easier later on.

**Talking about the world-** Even things that are ordinary for you such as sweeping and doing the dishes are exciting learning activities for your baby. Sit your baby in a chair or car seat so he/she can see and name the objects you use. Let your baby see, hear, and touch any that are safe.

**Rhyming builds skills for reading-** Sing songs and bounce or and rock with the rhythm. Help your baby clap to the rhythm. Later dancing will be great fun. Rhyming words is helpful to phonics later.

**Infant chase games-** When your baby can roll or crawl play “come and get me.” If your baby moves a little, “chase ”after him/her and give a big hug when you catch him/her.