

Helpful Learning Activities for Infants 4-8 Months Old

Focus on: *Language Development*



Describe Your Actions.

Place your baby in a chair or car seat to watch everyday activities. Tell your baby what you are doing. Let your baby see, hear, and touch common objects. You can give your baby attention while getting things done.

Move to the Rhythm.

Place your baby on your knee facing you. Bounce him to the rhythm of a nursery rhyme. Sing and rock with the rhythm. Help your baby bring his hands together to clap along.

Play Voice Games.

Talk with a high or low voice. Click your tongue. Whisper. Take turns with your baby. Repeat any sounds made by him. Place your baby so that you are face to face—your baby will watch as you make sounds.

Talk about How Things Feel.

Gently rub your baby with a soft cloth, a paper towel, or nylon. Describe the different textures (soft, rough, slippery). Lotion feels good, too.

