

Solutions to School Letting Child Choose Whether to Take Medicine

You might consider some of the following ways to work on the problem you identified of your child's school letting your child choose whether to take the medicine.

Discuss with child

Children who are old enough can often be involved in taking their medicine if they understand why it is important. It is good to explain to your child how important it is to take the medicine to control asthma for now and for the future. You could remind him/her of times when asthma was worse due to not taking medicine.

Discuss with school/daycare

Sometimes the school/daycare just needs to understand how important your child's medicine is. Explain what can happen to your child if s/he does not take his medicine on a regular basis, such as a bad asthma attack or needing to go to the emergency room.