# Solutions to Your Problem of Not Always Having the Recommended Medicines Due to Working during Pharmacy Hours

You might consider some of the following ways to work on the problem you identified of not always having the recommended medicines due to working during pharmacy hours.

#### Use sick time

Ask your supervisor at work if you can use some of your sick time to pick up your child's medicine.

#### Use vacation time

Ask your supervisor at work if you can use some of your vacation time to pick up your child's medicine.

## Find pharmacy with evening or Saturday hours

Ask your doctor or a friend to recommend a pharmacy with Saturday or evening hours. Or search on the internet for one.

# Ask family member or friend to pick up medicine

Ask a family member to pick up your child's medicine.

## Get medicine from pharmacy with free delivery

Ask your doctor or a friend to recommend a pharmacy with free delivery. Or search on the internet for one.

#### Get family medical leave

Ask your supervisor or the human resources department at work if you can use family medical leave to pick up your child's medicine.

#### Get note from doctor

Ask your child's doctor for a note to show to your supervisor at work to explain why you were absent.

### Refer to social worker

Ask your child's doctor for the name of a social worker who can help you solve this problem