

Solutions to Your Problem of Getting to Doctor's Appointment Due to Work Schedule

You might consider some of the following ways to work on the problem you identified of having trouble getting to the appointment with your child's doctor because of your work schedule.

Use sick time

Ask your supervisor at work if you can use some of your sick time to pick up your child's medicine or take him/her to the doctor's appointment.

Use vacation time

Ask your supervisor at work if you can use some of your vacation time to pick up your child's medicine or take him/her to the doctor's appointment.

Find doctor with evening or Saturday hours

Ask your doctor or a friend to recommend a doctor who could see your child on a weekend or in the evening.

Ask family member to bring child to visit

Ask a family member to bring your child to the doctor's appointment.

Ask friend to bring child to visit

Ask a friend to bring your child to the doctor's appointment.

Get family medical leave

Ask your supervisor or the human resources department at work if you can use family medical leave to pick up your child's medicine or take him/her to the doctor's appointment.

Get note from doctor

Ask your child's doctor for a note to show to your supervisor at work why you were absent.

Refer to social worker

Ask your child's doctor for the name of a social worker who can help you solve this problem

Consider longer interval between visits

Ask your doctor if you can wait longer between visits, especially if your child is doing better.