

Solutions to Other People Saying Your Child Doesn't Need Medication

You might consider some of the following ways to work on the problem you identified of other people saying your child doesn't need medicine.

Adjust schedule to give meds when others not there

Try adjusting the schedule of your child's medicine that day to give them either right before or after you are with the person who says your child doesn't need medicine.

Talk to others

Sometimes people who don't believe your child needs medicine just need to understand how important it is. Explain what can happen to your child if s/he does not take his medicine on a regular basis, such as a bad asthma attack or needing to go to the emergency room.

Give meds in private place

If you know you will be around people who don't believe your child needs medicine when it is time to give it, plan a private place and time in advance with your child.

Read asthma information sheet

It is very important that your child receives his/her medicine regularly. See the handout for more details on why giving medicine regularly improves asthma control.